Organic NY – All in This Together!

**At home**
- **Grow your Food**
  - Windowsill to full scale - growing your own food provides fresh, healthy produce for you and your family.

**Locally**
- **Take a Class**
  - Gardening, cooking, food preservation - make the most of the bounty of our state.
- **Buy Local Organic**
  - Purchase food at farmers' markets, farm stands, or join a CSA.
- **Use Local Seeds**
  - Save your own, share with friends, or join a seed library.
- **School Gardens**
  - Push for school gardens with nutrition programs and food purchases from local farms!

**County**
- **Order in Bulk**
  - Order garden, farm supplies and livestock feed in bulk to receive reduced prices, and to help support farmers, producers and agricultural educators. See an example here.
- **Become a Water Guardian**
  - Your county can provide incentives to landowners who reduce or refuse the use of chemicals to protect ground water.

**Statewide**
- **Join or Start a Food Hub**
  - Establish or join a community run, cooperative food hub to market area farm products.
- **Know the Issues and set your Priorities**
  - Build support for NOFA-NY’s packet of legislation to increase organic farming in New York State.
- **Know your State Legislators**
  - Get to know your State Senator and Assembly member, and ask them to support our Policy Initiatives that reinforce the importance of organic!

**Federal Level**
- **USDA National Organic Program**
  - Keep organic standards strong and ensure consistent accreditation and inspections.
- **Healthy Food for All Campaign**
  - on the nutritional value and benefits of organically grown food.
- **Farm Bill**
  - Support organic and beginning farmers and make healthy food available to all!
- **Know your Members of Congress**
  - Find out who your Senator or Representative is and ask them to support our Policy Initiatives!

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**Icons created by Flaticon**